Week Beginning 18th May 2020

Monday 18th - Walk / cycle or learn to cycle / scoot in the park with your family members. Send in pictures or drawings or do a write up and describe how it felt. Scan and send these.

Tuesday 19th - Design a bookmark on the template in the newsletter, Scan and send this to admin@hambrough.ealing.sch.uk

Wednesday 20th - Happy Shoes Day - send in pictures of your walking “Happy” shoes.

Thursday 21st - Create your own Walking Bus with your own immediate family members. Walk in a line, start at one end of the park or your garden (a few times) and finish by walking all around the park. Take pictures and send these to admin@hambrough.ealing.sch.uk

Friday 22nd - Help cook an Active “Rainbow theme” healthy lunch with your family. Take pictures or draw your creation and send these in again to the admin address.