

## HAMBROUGH PRIMARY SCHOOL AND NURSERY

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**Headteacher: Louise Singleton** - BA (Hons), PGCE, NPQH

19<sup>th</sup> June 2017

**Hambrough Health Fair**  
**14<sup>th</sup> July 2017**

Dear Parents

Hambrough Primary School proudly announces the launch of its **Health Fair**, to be held on Friday 14<sup>th</sup> July. On the day the whole school will be promoting healthy activities starting at 09:05am and finishing at 3:15pm, followed by a demonstration of the different activities in the main hall finishing at 4.30pm to which all parents are warmly invited.

We wish to invite you to join us and spend some time watching the day's **productions** and you will also get the chance to see different stalls covering health and safety issues.

You will be able to meet our **School Councillors** who will tell you about their important role in the school and also meet our Dining hall helpers who look after the children during lunch time.

We would like you be involved in making a Jamie Oliver style "**Squash it**" sandwich containing healthy fillings. There will be Fruit salad/Fruit kebab stall and also Fresh Healthy Salads available.

Other activities will include, designing a healthy packed lunch, learning healthy songs, dance, Gaelic football and other sports, including the Walk a Mile challenge all day long.

There will also **be performances** after school by KS1 and KS2 in the hall.

**We request a minimum donation of £1:00 per child, to be paid by Friday 30<sup>th</sup> June for the curriculum based activities that will take place during the day. Also kindly send in, on the day before, a bag of bananas, strawberries or any tinned fruit which can be used to make fruit salads/kebabs. We rely upon your generosity and great support. All fruit donations should be sent no earlier than 13<sup>th</sup> July as we are unable to store it for more than one day.**

Your participation helped us to achieve our Gold London healthy schools status; our next target is to achieve the Ealing Platinum award. Healthy bodies, healthy minds!

Yours faithfully,

Louise Singleton

**RRSA Article 24:** You have the right to the best health care possible.....to help you stay well.

