Reminder....

Dress according to the weather!

In light of the unsettled and unpredictable weather these days it is crucial that you ensure children are dressed appropriately. Please do check the weather forecast daily and decide accordingly.

Recently, several children have come to school with no coats. Children MUST wear a coat during wet weather - not just a hoody as these are not waterproof. Please do check what the weather is likely to be if your child is due to go an educational outing and provide a waterproof jacket if necessary.

During warm days, it is important that children come in cool clothing! Please do not over-dress them in layers, jumpers, tights and please do buy sunhats, sunglasses—and most importantly please encourage them to keep hydrated - send them to school with their water bottles every day!

GO GREEN
For Clean Air Day!
1st July 2019

As part of our Rights Respecting ethos, We will be holding a GO GREEN DAY on 1st July to promote the importance of clean air. Once again our Global Ambassadors are on board spreading the word and promoting this event and as a special treat for their hard work four lucky children will be getting the opportunity to see the premier of Toy Story 4 at Leicester Square on 16th June. Congratulations to the lucky winners - Angel, Anisa, Alina and Arshpreet - whose names were drawn.

On the 1st children can donate £1.00 or more and wear GREEN clothes to school.
There will also a green theme lunch provided—please book as normal online. On the menu will be everything green...Green pasta, with savoury mince, veg keema matar with green rice, palak paneer, with green sides...broccoli, courgette, mangot, mushy minted peas, cucumber raita, lettuce, green peppers, green bean sprouts, green apples celery, chive...followed by grapes and honeydrew watermelon hedgehog and plain sponge with cream decorated with green fruit. This initiative is crucial in supporting ambitions stated in the sustainable Global Goals.

Message from the School caterers

Our school meal cashless booking system on the whole has been running smoothly and most issues are ironed out quite swiftly and without any problems.

However, Caroline our school cook has asked for a couple of important messages to be passed on - please do take note of these and act accordingly:

⇒ There are many children who have recently been issued with outstanding debt letters. If you owe money for your child’s meals, please clear these debts immediately! Caroline is threatening that she may take a harsher step in the future and may refuse to serve a meal until the debts are cleared!

⇒ When booking meals online, can parents please NOT tick the box which says “school trip”. This box is for office use only.

⇒ And just as a reminder, you need the following to make payments for school meals:
  ♦ mobile number – exactly as given to school
  ♦ email address – exactly as given to school
  ♦ password, exactly as you’ve received it by text and email
  ♦ your child’s name will be added as their first name with the first letter in capitals and then confirm, eg: Jaskirat
TERM DATES 2018/2019

SUMMER TERM 2019:
Summer term (1) 2019 starts: Tuesday 23rd April 2019
Half Term: 27th May - 31st May 2019
Last day of academic year: Friday 19th July 2019 - at 1.15pm

TERM DATES 2019/2020

AUTUMN TERM (1) 2019 starts
Training Days: 2nd & 3rd September—school closed for children
Children return to school - WEDNESDAY 4th September
Last Day at school: Friday 18th October—school closes 2.00pm
Half Term: 21st - 25th October 2019
Last Day at school: Thursday 19th December—school closes 1.15pm
Spring term (1) 2020 starts 6th January 2020

SPANISH WORDS TO LEARN...

Any situation can give us the opportunity to learn more about the world and life so whenever you learn something new, you can say that!

"The Voice" of Hetvi...

Thank you to all the children who submitted their entries for “The Voice” competition and were asked to explain what safety on the railway meant to them. We were delighted to hear that MTRÉ chose Hetvi Patel’s entry as a winner from all the entries received from various schools. Well Done Hetvi!

Hetvi was invited to Liverpool Street on the 11th June and spent an amazing day with her mum riding in the driver’s cabin and then recording a safety announcement which is currently live and being played at all overground stations from Paddington to Reading (including Southall). So if you are out and about do listen and wave the flag for Hambrough.

"My day on the 11th was amazing and filled with so much excitement! We met some staff at Liverpool Station and my journey began! The first place we went was in the driver’s cabin and it was a completely different view—I found out all about the different buttons and had a ride in the train while in the driver’s cab. Then we went in the control room where all the announcements are made and I recorded my voice! We recorded two announcements which are all being played in the Eastern route stations (including Southall station). Some time after we were provided a lovely lunch and I was presented with a trophy and a special prize before I returned home. It was a lovely day—one I will remember forever! " Hetvi Patel, Year 5

A la cama no te irás
sin saber una cosa más.

Sí estás atento a lo que te sucede, lo que puedas hacer, la forma de ayudar a quien está a tu alrededor.
Our annual residential trip to PGL took place on the 7th till 10th June. The trip is a valuable experience for our Year 6 pupils providing them with memories of their time at primary school which they keep with them for many years to come. For most (if not all) of the children this is the first time they are separated from home and parents and the normal routine. There were mixed emotions initially - excitement, nervousness, not knowing what to expect etc. However, once at the centre the children were too busy to think of family or home as they were too engrossed in one activity after another. Children have been full of their stories and telling me that PGL was a truly wonderful experience—full of surprises and excitement. Unfortunately the weather was a bit of a let down on the last day but that didn’t stop the children making the most of all the facilities.

Vanshika Narad would like to thank PGL in her own way:

"Dear Rebecca & Gus.....I’m writing to say a big thank you for giving us such a fantastic experience at PGL. Last weekend was the best time of my life. First of all I loved the songs we sang as we walked about., I am still singing them at home. I had a lot of fun when you set up the campfire, and Gus your stories were silly but so funny. Capture the flag was more fun when you joined in too. I am grateful for providing us with the delicious food and it was so sweet that you had your food after you served us all.

In addition I loved all the activities that we did but there are some which are my favourite. Rock Climbing was hilarious as my teeth were chattering and Martin the instructors started calling me a Dinosaur. He tried to get my shoes off while I was coming down but couldn’t. I gave him my sun hat when I was climbing up and he wore it on his head but then said he didn’t know where it was! He was just so funny! Also I loved the zip wire. When the wind blew on my face it was beautiful. I went on it four times. All the activities were just brilliant in fact and the whole trip was one I will never forget."
At the same time as the residential outing, 10 children from Year 6 took part in similar activities on two separate days and experienced a little flavour of activities as those on offer at the residential.

On Friday they went to the Hillingdon Outdoor Activities Centre where they experienced activities such as the Spiders Web, the Giant Swing and Archery. On the Monday they were off to Brunel University to experience the Climbing Wall, followed by a relaxing swimming session in the afternoon at Hillingdon Baths.

The visit was thoroughly enjoyed and the children are still talking about their experiences.
Our annual HEALTH FAIR took place on the 5th June and this year there were a lot of firsts. During the day all classes rotated from class to class taking part in health related activities like: making Smoothies, healthy kebabs, healthy salads, sandwiches, singing healthy songs. Children took part in a BIKE SMOOTHIE and cycled for miles in one spot making a smoothie which they enjoyed later, walked miles and miles around the school, told healthy stories, explored mindfulness and took part in a climate action quiz, designed healthy posters, learnt about how to keep their bodies and teeth healthy and enjoyed an interactive bike show which taught them about sustainable healthy travel and healthy foods they should be eating. After school, there were similar activities and stalls set out in the playground with raffle tickets on sale and lucrative healthy prizes on offer. Thank you to all the parents who turned up and supported us. Together with your £2.00 donations, stall sales and part donations from the Happy Shoes day during Walk to School Week we raised a total of £877.67—the bulk of which will go towards paying for the Bike Show and the remainder will be used to support & promote healthy eating. The Health Fair is an opportunity to explore and understand the importance of diet and exercise, and to reflect on how we can maintain healthy habits in our daily life. As well as extending their knowledge, the children had a chance to reflect on global goal 3, Health & Well-Being and article 24, the right to the best health care possible. Great fun was had by all and deeper lessons on health and well-being and good humanitarianism.
This is what our Health Fair co-ordinator Mrs Kassir had to say:

"On June 5th Hambrough Primary School had its third very successful Health fair. The entire day was devoted to healthy activities and discussion. At Hambrough Primary we endeavour to help our pupils stay healthy and happy as they grow into young adults. What happens at school every day is understandably extremely important to their future. As teachers and support staff we consider it is our duty to help them lead a healthy lifestyle making healthy food choices at lunchtime and getting exercise by walking or cycling to school. Early years activities included making fruit salad and learning about healthy recipes. During the day activities for Key stage 1 included making healthy wraps, smoothies and singing about healthy lifestyles. Key stage 2 children were making collages of “fruit fun”, tested their knowledge in a climate quiz, Mindfulness and cycled the smoothie bike. All the pupils watched a bike show which was entertaining and very informative safety cycling wise. At the end of the day parents were able to join us and participate. There were many different stalls, a Dental Nurse was present too and was able to advise and give parents important information on how to look after their teeth and their children's teeth. Pupils learned about their health and how to develop their motivation, self respect and to make healthy choices. The benefits of all this goes beyond health, as we know when the children are healthy and happy at school they can achieve much more. Thank you all for the donations and contributions and support to make this such a celebration of health & well-being."
Ten very lucky and excited children enjoyed a fantastic day out at Selbourne Primary School to compete in a balance bike festival! The children had so much fun navigating the course and competing against other schools. They all showed great sportsmanship and cheered each other as they raced along the track but also supported the other school teams as they competed, making up little chants and clapping. The children finished up the day by watching a special BMX bike show by professional bikers who showed us amazing tricks! Hambrough Primary managed to complete 55 laps of the track in 6 minutes landing us the second place medals! Well done to all the children who competed!

Riding a bike supports physical and social development and develops children’s self esteem. Learning on balance bikes enables children to build their sense of balance and co-ordination, which then helps them when they are ready to use a pedal bike. Children came back to school very tired but full of their stories and all ready to teach their fellow reception friends what they had learnt.
Please Note them…This list is being added to all the time!

14/06/19  APNA FOOTBALL TOURNAMENT
14/06/19  NEW RECEPTION PARENTS MEETING—9.00am & 3pm
17/06/19  NEW RECEPTION CHILDREN & PARENTS VISITING RECEPTION
18/06/19  NFL FLAG COMPETITION AT SPIKES BRIDGE
19/06/19  SPANISH DAY
20/06/19  Y2 MUSICAL PERFORMANCE "THE FOUR FRIENDS" (Ealing Music Service)
20/06/19  Y1 CHURCH VISIT
20/06/19  Y5/6 TRI GOLF @EALING TRAIL FINDERS
21/06/19  NURSERY CLOSED FOR CURRENT CHILDREN (OPEN DAY FOR NEW INTAKE)
21/06/19  Y1 AT NORTH PRIMARY WATCHING ORCHESTRA
24/06/19  SCIENCE WEEK—ANIMALS IN SCHOOL
24/06/19  CHICKS IN SCHOOL
26/06/19  SCIENCE FAIR AT ELLEN WILKINSON
27/06/19  KNIFE CRIME WORKSHOP FOR Y6 AT BEACONSFIELD PRIMARY
28/06/19  HIGH SCHOOL INDUCTION DAY
28/06/19  SPACE VISUAL WORKSHOP FOR YEAR 5
01/07/19  GO GREEN FOR CLEAN AIR DAY & PAY £1.00 DONATION
01/07/19  Y6 PC TRANSITION TALKS
02/07/19  KS2 SPORTS DAY AT VILLIERS HIGH SCHOOL
02/07/19  Y2 TRIP TO BRENT LODGE; HANWELL ZOO
03/07/19  HANDBALL FESTIVAL @ FEATHERSTONE PRIMARY
04/07/19  Y1 CLASS ASSEMBLY—2.45PM
05/07/19  NURSERY TRIP TBC
05/07/19  REPORTS COMING HOME
10/07/19  KS1 SPORTS DAY IN THE PLAYGROUND
11/07/19  Y6 PRODUCTION—DRESS REHEARSAL
11/07/19  NURSERY GRADUATION ASSEMBLY
11/07/19  ATHLETICS V5/6 @PERIVALE ATHLETICS GROUND
11/07/19  Y3 VISIT WETLAND CENTRE
12/07/19  Y6 PRODUCTION PERFORMANCE - EVENING EVENT
12/07/19  NURSERY GRADUATION PARTY
12/07/19  RECEPTION CELEBRATION EVENT
15/07/19  MOVING UP DAY
17/07/19  Y6 LEAVERS LUNCH
18/07/19  MUSICAL CONCERT
19/07/19  Y6 LEAVERS ASSEMBLY
19/07/19  LAST DAY OF ACADEMIC YEAR

A couple of REMINDERS…….

NURSERY WILL BE CLOSED ON 21st JUNE FOR ALL NURSERY CHILDREN.
(All this is so that new Nursery children starting in September can meet their teachers & staff)

……….AND ANOTHER LITTLE REMINDER……

FINAL REMINDER FROM EALING COUNCIL:
FROM 22ND APRIL THE GRACE PERIOD OF 10 MINUTES FREE PARKING IN RESIDENT BAYS HAS BEEN LIFTED. PLEASE BE MINDFUL OF THIS WHEN PARKING TO DROP OR COLLECT CHILDREN AT THE BE-ATRICE ROAD ENTRANCE.

This arrangement came into effect on 23rd April. Warning letters will be issued for the first two weeks.

BEWARE…..Tickets (penalty charge notice (PCN) to be issued from 7th May for any parking contraventions.

Removal of 10 minutes parking.

We have listed some useful resources to support promoting E-Safety at home. These can also be found on our website under “Parent Zone”.

- https://www.saferinternet.org.uk/
- https://www.childnet.com/
- https://parentzone.org.uk/
- https://www.internetmatters.org/
Year 4 children recently took part in a competition “Design the Swimming Hat” expressing through drawing what they loved most about getting in the pool, using their three favourite colours. The competition was run across all primary schools all over the country. Abisha’s entry was selected from Dormers, and now will go on to the next stage where Double Olympic gold medalist Rebecca Adlington will be choosing three winning designs from across the country - and if chosen Abisha’s design will be printed on a swimming hat and Abisha and his classmates will then get a chance to join Rebecca for a special lesson.

Wow, what a treat that will be!
Well Done Abisha!

The Outreach Campaign is a part of our Rights Respecting school focus which is embedded in the ethos of Hambrough Primary School.

The theme for Outright 2018 was to reduce air pollution by taking action against increasing air pollution in and around Southall and London. All staff and pupils of Hambrough Primary took a stand by holding various activities and events to raise awareness within the school and the local community. Some of the actions were as follows:

- participating in a video competition which gave a strong message on the impact of air pollution on health
- Fundraising for Unicef by holding mufti days on World Children’s day (20th November) and Go Green Day (1st July)
- Writing letters to our Member of Parliament ensuring her hears our voice taking a stand to reduce air pollution
- Lessons and activities taught in class to increase pupil awareness and empower them to make their voices heard.

As a result of all the hard work by pupils staff and parents, Hambrough School has been awarded the “Outright Campaign Certificate” of recognition from UNICEF—on display in our trophy cabinet.

Our last (April 2019) donation to Ealing Food Bank was 59.25kg worth of food! A big thank you to all who donated to the Ealing Food Bank last term; 59.25kg.

Please remember that only small sizes are able to be used by the Food Bank — no large bags!!
What parents need to know about YouTube

SPENDING A PREMIUM

YouTube Premium (formerly YouTube Red) is a new paid streaming subscription service in the UK, offering a three-month free trial to tempt viewers into a £9.99 per month plan. This includes the ability to download videos, stream videos with the app in the background, gives exclusive access to original content and a separate music streaming service and gaming app.

DANGEROUS ‘CHALLENGE’ & VIRAL VIDEOS

On YouTube, ‘challenge videos’ are shared quickly and can be very dangerous. Parents may post a video of themselves doing something unusual, like eating a hot chilli or jumping in a river and ask you to try it. The video goes viral and everyone wants to join and share their video. This spread across the internet makes it difficult to keep up with the latest ones.

IN-APP MESSAGING

When your childodeled towards the ‘Contacts’ and ‘Messages’ sections of the app, you can block and read messages directly from the app. This can be an effective way to keep your child safe.

NATIONAL ONLINE SAFETY

NOS

TURN ON ‘RESTRICTED’ MODE

Restricted Mode is an optional setting you can use to help your child navigate the internet safely. You can block out specific websites and categories of content.

MOBILE:
- Tap the three vertical dots at the top-right corner of the screen.
- Tap ‘Settings’.
- Tap ‘Parental Controls’.
- Tap ‘On’.

OPT FOR A FAMILY PREMIUM PLAN

A YouTube Family Premium Plan may be a cost-effective option if you have more than one child. For £12.99 a month, it allows you to share a single account with up to five other family members – aged 13 and older – living in the same household.

MANAGING IN-APP MESSAGES

If your child receives messages via YouTube, make sure to check their settings and block messages from unknown accounts.

POPULAR YOUTUBE GAMERS

There are hundreds of YouTube accounts which show off computer games streaming and community on games. These are called ‘Let’s Play’ videos. While YouTube can be a great resource for hints and tips for games, it’s important to be aware of the risks associated with these interactions.

DIGITAL WELLBEING

YouTube has launched a new tool called ‘Digital Wellbeing’ that allows you to see how long your child spends on the platform. Once you have downloaded the ‘YouTube Family’ app, you can set a limit on how much time they spend on the platform.

NEW FEATURES

YouTube has introduced several new features including ‘YouTube Kids’ which is designed specifically for children. It offers a safe and controlled environment for kids to enjoy videos.

SOURCE:
https://www.nationalonlinesafety.com/nos/youtube-explained.html

#!

© National Online Safety Ltd
This is not definitive guide. Always check with the app’s support information to see if your security and privacy concerns are addressed.
SUMMER OF CYCLING

JOIN US FOR A CELEBRATION OF CYCLING

Sunday 7 July
10am to 3pm
Northala Fields,
UB5 6UR

Sunday 14 July
10am to 3pm
Pitshanger Park,
W5 1NS

Funky cycle try out zone
BMX taster sessions & balance bike races
Free Dr Bike & security marking
Pedal powered cinema & smoothie maker
Live music
Giant inflatable obstacle course for all ages
Rollapaluza
Kids activities & face painting

TICKET TO RIDE
Fun, family-friendly led rides exploring local beautiful landscapes and green spaces. All abilities welcome. Rides leave every hour on the hour. No need to register, but do turn up at least 20 minutes before for a quick safety check.

We are a zero-waste festival - please be sure to bring your own reusable water bottle and pack your picnic in reusable or recyclable containers. Water stations will be available on site for refills.

Visit www.ealing.gov.uk/summerofcycling for details of all our summer bike rides and cycling events.
SUMMER OF CYCLING

Sunday 7 July, 10am to 3pm, Northala Fields, Northolt.

Sunday 14 July, 10am to 3pm, Pitshanger Park, Pitshanger.

Free festival with live entertainment, a pedal powered cinema and smoothie maker, kids’ activities, face painting, BMX and balance bikes, a giant inflatable obstacle course, Rollapaluza and a picnic area. Plus fun, family-friendly led rides departing every hour. All abilities welcome.

SUMMER OF CYCLING SCHOOL COMPETITION

We are giving one Primary and one Secondary School registered on the TfL STARS accreditation scheme the chance to win a BMX Flatlander Stunt show to enjoy!

The Primary and Secondary School with the greatest attendance across both festival days will win.

To enter all you have to do is come along to one of the Summer of Cycling Festivals and make sure you register your attendance at the signposted desk.

You can only enter the competition once across the two events, so make sure your friends and family attend to increase your chances!

*Please note in order to qualify a minimum of 5% of the school's enrolment intake has to attend the festivals. The school with the greatest attendance relative to their enrolment number once the minimum threshold has been met will win.

Visit www.ealing.gov.uk/summerofcycling to find out more about the competition.
Southall Community Sports Day

Southall Community Alliance invites you to our fun packed Community Sports Day at Spikes Bridge Park on Saturday 6th July 2019.

Come and join in our **FREE** fun activities, learn how to stay healthy and reduce the risk of diabetes and ill health through lifestyle changes. Activities during the day will include:

- Southall schools fun run
- Healthy living stalls, including ‘Let’s Go Southall’ stall
- Face painting & henna
- Community 6-a-side football
- Health checks
- Pungra Dancing
- Free raffle prize draw
- Yoga, running, health walks, tug-of-war.... much, much more!

**Saturday 6th July 2019**
Spikes Bridge Park, West Avenue, Southall UB1 2AR
10:00am - 3:00pm

For further information contact Janpal Basran on 07958 499222 or janpal1967@hotmail.com

Let's Keep Southall Healthy!